Name:

Maintenance of Relationships

Social Exchange Theory AND Equity Theory

Read pages 50 and 51 and answer these questions

1. Social Exchange Theory

Social psychologists say that all behaviour is…

1. What are some of the rewards we might expect from a good relationship?
2. What are some of the costs that we might expend in a relationship?
3. How would Thibaut and Kelley (1959) work out whether or not to stay in a relationship?
4. What is the *Comparison Level?*
5. What is the *Comparison Level for alternatives?*
6. Why might some women/men stay in abusive relationships? (refer to Rusbult and Martz (1995)
7. Explain two weaknesses of Social Exchange theory:

a)

b)

1. What did Moghaddam (1998) suggest about Social Exchange Theory and Culture Bias?
2. Equity Theory (Walster et al, 1978)

What can cause inequity in a relationship?

1. What does inequity usually lead to?
2. Explain the difference between Equity and Equality.
3. An equitable relationship should be one where…
4. Write a short, imaginary scenario where a person feels that their relationship is inequitable. What might be happening at present? How could they rectify the situation and make it into one that is equitable?
5. What was Clark and Mills (1979) criticism of equity theory?
6. What might a primary goal of relationship therapy be?