

KES 2012 Silver Practice Expedition

Practice expeditions will take place in the Peak District and due to the large numbers of groups, guide lines have been drawn for the routes.

You will be walking for 3 days.

Day 1 for silver will be planned to be slightly below the required hours to allow training to be completed en-route and additional training after arriving at the campsite. This will involve some additional navigation work, revision of the expedition requirements and a test of waterproofs should the expedition be forecast to be dry!

The following 2 days will be full distance and in increasingly challenging terrain which will prepare you well for your qualifying expeditions in the Lake District.

Day 1

Birchover Campsite GR 242623 to Greenhills Campsite, GR 201692

You should aim to walk a minimum of 14km over approximately 6hrs, avoiding the use of roads and national trails as much as possible.

Day 2

Greenhills Campsite to Pindale Farm GR 163825

You must now draw on your map a straight line between these 2 campsites.

Plan on walking a minimum of 18km between these 2 sites, and must walk to the **west** of this straight line.

Day 3

From Pindale farm you must walk to the finish point the car park at Baslow , GR 258721. You should plan to achieve 18-20km, and stay **east** of the line joining Pindale farm and Greenhills. You should also plan to walk to or past 2 points from each moor listed below:

Abney/Offerton Moor

Aerial	194813
Old Clough	208812
Siney Sitch	206805
Smelting Hill Cairns	202803
Robin Hoods Stoop	217806

Eyam moor

Ring cairn	216786
Rocky outcrop	218785
Bretton Clough	207786
Trig point	215779
End of wall	232789

Remember that these route are to be your practice expedition and you should try to expose yourselves to as many new experiences along the way as possible.